

Keeping you updated about



Dear Parent/Guardian,

We would like to say a huge **THANK YOU** for taking part in the PRESSURE Study. Without your help and contribution we wouldn't be able to carry out this important research.

Why PRESSURE?

Low blood pressure is a common condition in children in paediatric intensive care units (PICU) and treatments used to treat it include drugs which make blood vessels narrow and make the heart pump more which can carry risks.

Currently to guide these treatments, most doctors aim to achieve a normal blood pressure for the child's age. However there is no clear evidence the best target to aim for.

Our aim was therefore to find out whether children who come to PICU in an emergency and have low blood pressure, have better outcomes when doctors and nurses aim for a lower blood pressure target. If this could be shown, it may be that these children could safely receive less drug treatment. Answering this question will help improve the future treatment of children in intensive care.

How is your child helping?

All parents/guardians are contacted after one year of their child being involved in the PRESSURE Study, and asked to complete the enclosed questionnaire.

We'd really appreciate your help in completing and returning this questionnaire. The information you provide will let us know how your child is currently, and will be used to help improve the care of future children who have been in a similar position to your child. All information provided will be securely handled and stored by the Intensive Care National Audit & Research Centre (ICNARC), and your personal data will not be shared.

If you would prefer to go through the questionnaire over the phone, or have any other questions about completing the questionnaire or the study itself, please do not hesitate to get in touch.

We are very grateful for your time and assistance in this research.

Thank you!

You might want to share this video with your child: <https://youtu.be/Fs1yUxeBFQ>

This animation is for young people who have taken part in research when they were very poorly. Children, researchers, nurses and doctors helped make this animation with the company Morph. They based the animation on The Children's Voices project, which explored the views of children aged 7-15 about research. Find out more at; <https://www.liverpool.ac.uk/psychology-health-and-society/departments/>

We are here to help you...

If you have any questions about PRESSURE, or about your questionnaire, we're more than happy to help:

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Email: pressure@icnarc.org
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Robert Darnell, Trial Coordinator

I manage the day-to-day running of the PRESSURE study.